

# BREAKS

## **CONTINENTAL BREAKFAST**

Orange, Apple and Cranberry Juices  
Sliced Fresh Seasonal Fruit  
Miniature Fruit-Filled Danish, Muffins  
Butter, Margarine and Fruit Preserves  
Freshly Brewed Regular and Decaffeinated Coffee, Herbal Teas

## **BEVERAGE BREAK**

Freshly Brewed Regular and Decaffeinated Coffee, Herbal Teas  
Soft Drinks and Bottled Water

## **MID-AFTERNOON BREAK**

Freshly Brewed Regular and Decaffeinated Coffee, Herbal Teas  
Soft Drinks and Bottled Water  
Jumbo Chocolate Chip and Oatmeal Raisin Cookies  
Chocolate Brownies

## **SUNRISE MEETING BREAK PACKAGE**

Includes Continental Breakfast, Beverage Break and Mid-Afternoon Break

# THEME BREAKS

## **THE CANDY STORE**

Candy Bars, Gummy Bears,  
Chocolate Brownies, Rice Krispies Treats®,  
Freshly Brewed Regular and Decaffeinated Coffee, Herbal Teas, Soft Drinks and Bottled Water

## **BROWNIE EXTRAVAGANZA**

Pecan and Brown Sugar Blondies  
Double Chocolate Chunk Brownie  
Peanut Butter Brownie  
Oreo® Cookie Brownie  
White Chocolate Macadamia Nut Brownie  
Zebra Cheesecake Brownie  
Freshly Brewed Regular and Decaffeinated Coffee, Herbal Teas, Soft Drinks and Bottled Water

# BREAKS

## **HEALTH & HAPPINESS**

Whole Seasonal Fruit  
Hummus with Pita Bread  
Vegetable Crudités  
Sliced Fresh Seasonal Fruits  
Berries and Flavored Yogurts  
Granola Bars

Freshly Brewed Regular and Decaffeinated Coffee, Herbal Teas, Soft Drinks and Bottled Water

## **HEARTLAND STATE FAIR**

Corn Dogs  
Kettle Corn  
Cotton Candy  
Funnel Cakes  
Caramel Apples  
Roasted Nuts

Berry Lemonades, Herbal and Iced Teas, and Flavored Waters

## **B E V E R A G E S**

Freshly Brewed Regular and Decaffeinated Coffee  
Specialty Flavored Coffees  
Hot Chocolate  
Tropical Fruit Punch  
Lemonade  
Fruit Juices — Orange, Grapefruit, Apple, Tomato,  
Cranberry and Pineapple  
Soft Drinks  
Herbal and Black Teas  
Bottled Water  
Individual Bottled Fruit Juices  
Chai Teas  
Power Drinks  
Powerade® (16 ounce)  
Red Bull®

# BREAKS

## SNACKS

Dry Cereals and Granola Served with Low Fat and Skim Milk  
Individual Fruit-Flavored Yogurt  
Whole Fresh Fruit — Bananas, Apples and Seasonal Varieties  
Fruit-Filled Danish, Muffins and Croissants  
Sliced Bagels with Cream Cheese  
Specialty Breads — Pumpkin, Zucchini, Banana Nut and Coffee Cake  
Chocolate Iced Brownies  
Jumbo Cookies — Chocolate Chip and Oatmeal Raisin  
Granola Bars  
Candy Bars & M&M's®  
Hot Soft Pretzels with Mustard  
Ice Cream Novelties

## DRY SNACKS

Mixed Nuts  
Cashews  
Roasted Peanuts  
Pistachio Nuts  
Potato Chips  
Pretzels  
Tortilla Chips  
Goldfish Cheese Crackers  
Trail Mix  
Individual Bags of Potato Chips or Pretzels

## DIPS

### HOT

Spinach and Artichoke  
Chili Con Queso

### COLD

Bleu Cheese  
Onion  
Hummus  
Ranch  
Guacamole  
Salsa